



## A Few of My Favorite Things “Trust Me on This”

Proverbs 3:5-6

*Trust in the LORD with all your heart, and do not lean on your own understanding.  
In all your ways acknowledge him, and he will make straight your paths.*

### What is Truth?

- ? What are the “Swiss Army Knife” verses you use often that apply to many contexts that help ground us in our daily lives. For examples, see Psalm 32:8, Isaiah 58:11 and John 8:12. Is there a single verse that you refer to the most? If so, why?
- ? When there is not a consensus on the standard of truth, how can this cause chaos and confusion?
- ? Is it possible for two people to hold different worldviews and still be able to solve a disagreement? Why might it be much more difficult? Does there need to be a basic agreement on a truth standard to avoid constant conflict or to solve conflict? If so, what standard could you agree on if it wasn't the Word of God and how could that work?

*A man who was merely a man and said the sort of things Jesus said wouldn't be a great moral teacher. He'd be either a lunatic on a level with a man who says he's a poached egg or else he'd be the devil of hell. You must make your choice. Either this man was, and is, the Son of God, or else a madman or something worse.*  
-C.S. Lewis

### Case Study on the Law of Logic

- ? Read this statement from the American Medical Association on gender identity and the future of birth certificates. How should the church, with gentleness and respect, refute this logic? Or, are we picking fights we don't need to be picking and why?

Aimed at protecting individual privacy and preventing discrimination, the AMA will advocate for the removal of sex as a legal designation on the public portion of the birth certificate. Under the policy, information on an individual's sex designation at birth would still be collected and submitted through the U.S. Standard Certificate of Live Birth form for medical, public health, and statistical use only. The new policy aligns with existing AMA policy recognizing that every individual has the right to determine their gender identity and sex designation on government documents.

“Designating sex on birth certificates as male or female, and making that information available on the public portion, perpetuates a view that sex designation is permanent and fails to recognize the medical spectrum of gender identity. This type of categorization system also risks stifling an individual's self-expression and self-identification and contributes to marginalization and minoritization,” said AMA Board Chair-Elect Sandra Adamson Fryhofer, M.D. [AMA Statement.](#)

## Essential Attitudes toward Trust.

*"But the word is very near you. It is in your mouth and in your heart, so that you can do it." Deuteronomy 30:14*

### 1. Have a wholehearted Trust in God's word?

- ? What is Trust? Is trust subjective? Why or why not? How can our mistrust in human relationships affect our relationship with Christ?
- ? If mistrust is the opposite of trust, what emotions have you experienced amid mistrust, betrayal, etc? How can our emotions further complicate things?
- ? Is it possible for trust to be restored when severely severed? Can one return to trust too quickly? Why or why not?
- ? In trusting God, there are two actions required: To believe and to do. Is it possible to have one without the other? Why or why not?

### 2. Trust is deeply relational.

- ? Why is it so risky to be vulnerable?
- ? Can trust be restored before the relationship is healed?
- ? Can the relationship be healed without trust? Why or why not?
- ? How can holding a biblical worldview help heal both?
- ? When referring to God, what does it mean to trust the author but not in the outcome? Is this possible? Why is it important?

#### **Trust:**

*Lying helplessly face down in front of your sovereign, in worship and adoration, whispering to him, "I'm ready, whatever you say."*

### 3. Have a Clear-minded humility

- ? According to James 4:1-3, how are trust and clear-minded humility linked?

*What causes quarrels and what causes fights among you? Is it not this, that your passions are at war within you? You desire and do not have, so you murder. You covet and cannot obtain, so you fight and quarrel. You do not have, because you do not ask. You ask and do not receive, because you ask wrongly, to spend it on your passions.*

### 4. A forward-facing progress.

- ? What's the right way to discern the will of God in my life?
  - i. How does one know whether one is living in the will of God?
  - ii. Is it God's will that I purchase the Honda over the Toyota? What if I purchase the wrong one? Is there a right or wrong choice as it pertains to the will of God? What about which house to buy, whom to marry? What if I follow God's will but my future spouse doesn't? Am I stuck?