



STAND YOUR GROUND Part 3: Oct 15 & 20, 2021
Commandment #7: You Shall Not Commit Adultery
High Fidelity

Commandment #7: *You shall not commit adultery* (Exodus 20:14)

Genesis 2:18

Then the LORD God said, "It is not good that the man should be alone; I will make him a helper fit for him."

Genesis 2:21-25

4 Essential Lessons

1. This is Gracious: Sex is God's good creation

2. This is Forbidden: Sex can be dangerous

– Adultery: Sexual intimacy between a married person and another who is not their spouse.

I Thessalonians 4:3-8

– The Word trains the conscience

3. This is Protective: Sexuality sets the course of my future.

Proverbs 25:28

A man without self-control is like a city broken into and left without walls.

Proverbs 5:7-14

4. This is about Freedom: Sex was designed to lead me into oneness and joy.

⇒ Marriage: free emotionally, physically, and spiritually to pursue intimacy.

⇒ Children: free to be a child.

⇒ My body: free to be integrated self

⇒ My true calling; free to be elevated above my appetites.

Group Discussion:

1. During your formative years, and in your family of origin, how open and real was the conversation about sex? Explain.

1 2 3 4 5 6 7 8 9 10

2. We have been conditioned and instructed about sex by the world. What should be included in a biblical course titled “Sexual Discipleship?”

3. In a fallen world we have all been harmed by sin, and specifically sexual sin. Why do we tend to think this is the worst kind of sin, or the unspeakable shame? What’s a biblical answer?